



ARE YOU A CAREGIVER?

NEED SUPPORT?

TOGETHER, WE CAN NAVIGATE YOUR CAREGIVING JOURNEY

1

SUPPORT

3

WELLNESS

2

EMPOWERMENT

4

CONNECTIONS

The Baltimore City Family Caregivers Program offers essential services, including individual counseling, respite care, and support groups, designed to assist family caregivers and ensure they have the resources needed to provide effective care.



Call 410-396-1337 for assistance.